

TIME ALONE WITH GOD



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Here are a few things to consider as you begin your Time Alone with God (TAWG):

## 1. YOU WILL WANT TO:

- Bring your Bible and notebook and pen
- Plan on beginning your TAWG rested
- R.E.A.P.
  - **Review:** lessons from the Word, notes, journals, past goals & objectives, etc.
  - **Evaluate:** consider your progress and growth, God's faithfulness & provisions
  - **Apply:** develop new goals/objectives for the current semester
  - **Pray:** pray over all you have done in "R.E.A."
- Set aside some time for doing nothing but letting the Holy Spirit lead you in prayer and meditating

## 2. YOU MIGHT WANT TO:

- Bring a hymnal to sing for awhile
- Bring prayer letters to pray through
- Bring a good devotional book to read
- Plan on reading through a book of the Bible
- Bring your old journal(s) to read through them
- Walk and pray
- Take a **short** nap
- Review scripture memory verses
- Have a basic idea of where you will spend your time and what you think you will do during it

## 3. YOU WILL NOT WANT TO:

- Shop
- Do crossword puzzles
- Pay bills
- Read the Wall Street Journal
- Put yourself in a locale or mindset that is conducive to sin

## A NOTE ON SETTING GOALS

Consider developing:

1. **A Life Purpose Statement:** one sentence
2. **A Life Goal:** one sentence that should help you fulfill your Life Purpose
3. **Long Range Objectives:** 2-4 things that should move you towards accomplishing your Life Goal
4. **Short Term Objectives:** 2-4 things that should help you achieve your Long Range objectives
5. **Plan for each Short Term Objective:** keep it simple and possible, think of specific activities and a potential timetable

*You may want to attach a verse or a promise to each of the above. Every time you have an extended time with the Lord you can then review and revise the above as needed.*