

# TIME ALONE WITH GOD Saturday Morning

### 1. Read the Passage

Read all of Psalm 145 slowly.

Then read it again—circle or underline any words that stand out (like gracious, faithful, or near).

Words or phrases that stood out to me:

#### 2. Reflect on What You See

Ask yourself:

- · What does this show me about who God is?
- · What does it show me about people or myself?
- · Is there something to thank God for, trust Him with, or praise Him for?

My reflections:

# 3. Talk with God (Prayer)

Respond to Him honestly—thank, confess, ask, or simply sit quietly.

# 4. Remember One Takeaway

- · What's one truth or phrase you want to carry into your day?
- · Today I want to remember that God is:
- · I will praise God by:

#### 5. Close in Praise